

G350 + G350W

Estación muralla polea Elite G350 + G350W 90 KG Weight Stack

Dual Pulley Tower

WALL MOUNTED DUAL PULLEY TOWER



CONDITIONING

Strengthens your heart and lungs while increasing your metabolic rate.



POWER

Increases speed and agility by activating fast twitch muscle fibers.



STRENGTH

Increase muscle, tendon and ligament strength; bone density; metabolic rate while improving heart and body composition.



FLEXIBILITY

Increase range of motion, flexibility and reduce the risk of injury.



WARNING

Consult your physician before beginning this or any exercise program. Keep out of reach of children.



作用

增强你的心肺功能，增加你的代谢率



功能

通过激活快肌纤维，增加速度和敏捷性



力量

增加肌肉、肌腱和韧带的力量；骨密度；代谢率，同时改善心脏和身体成分。



灵活性

增加活动范围，灵活性和减少受伤的风险。



警示

在开始这个或任何运动计划之前，请咨询您的医生。器材放置在儿童接触不到的地方。



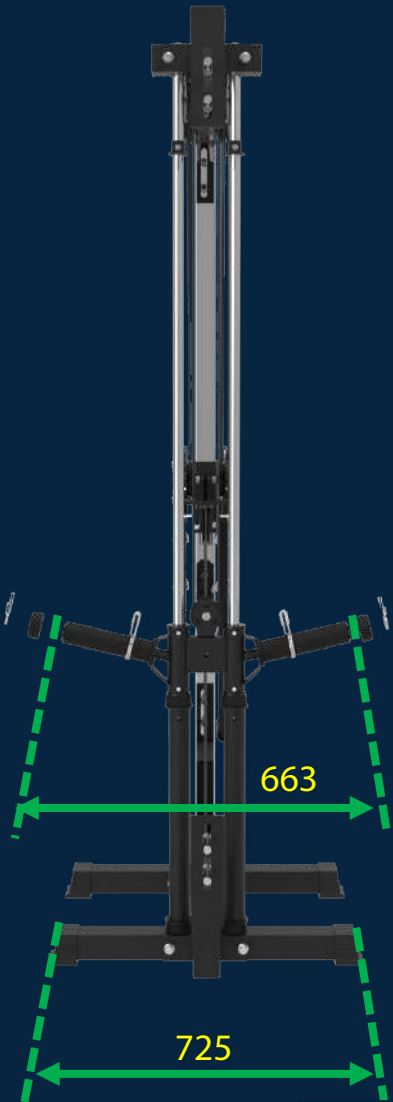
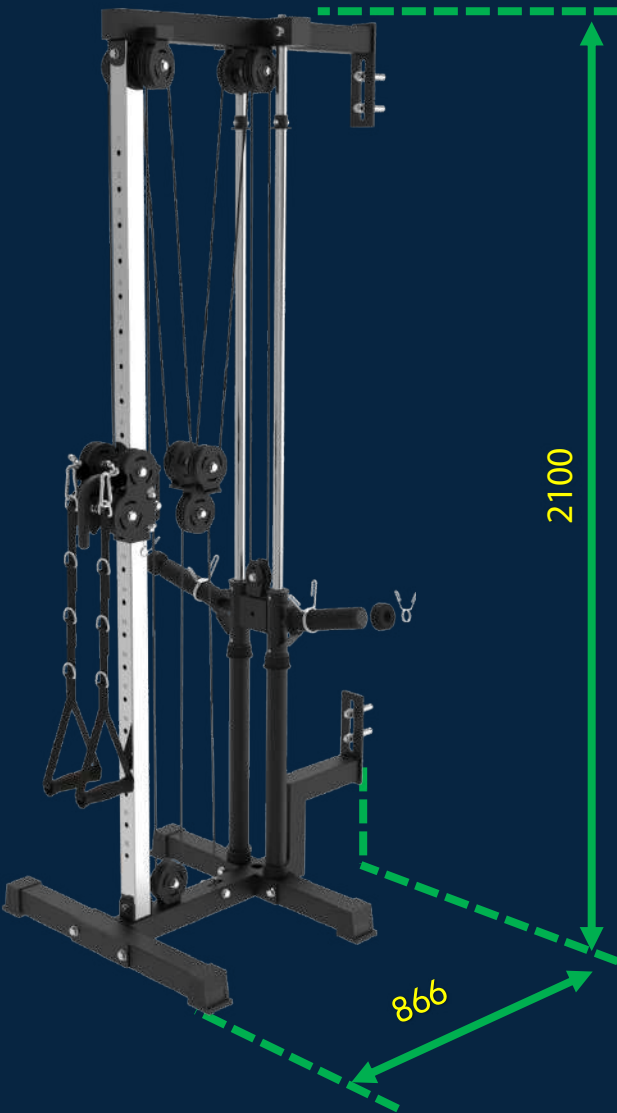
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Assembled dimensions



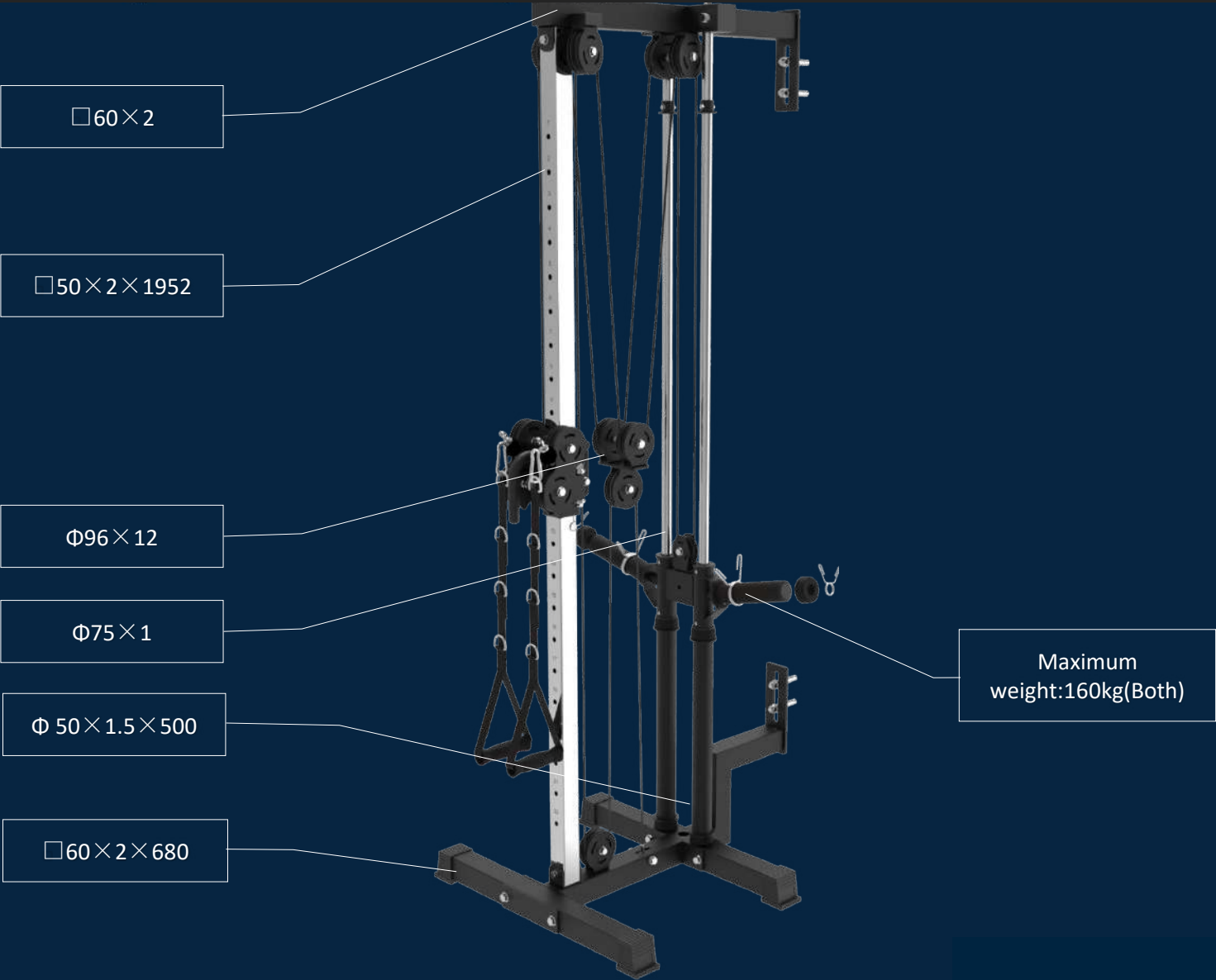
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Main tube size and Maximum weight

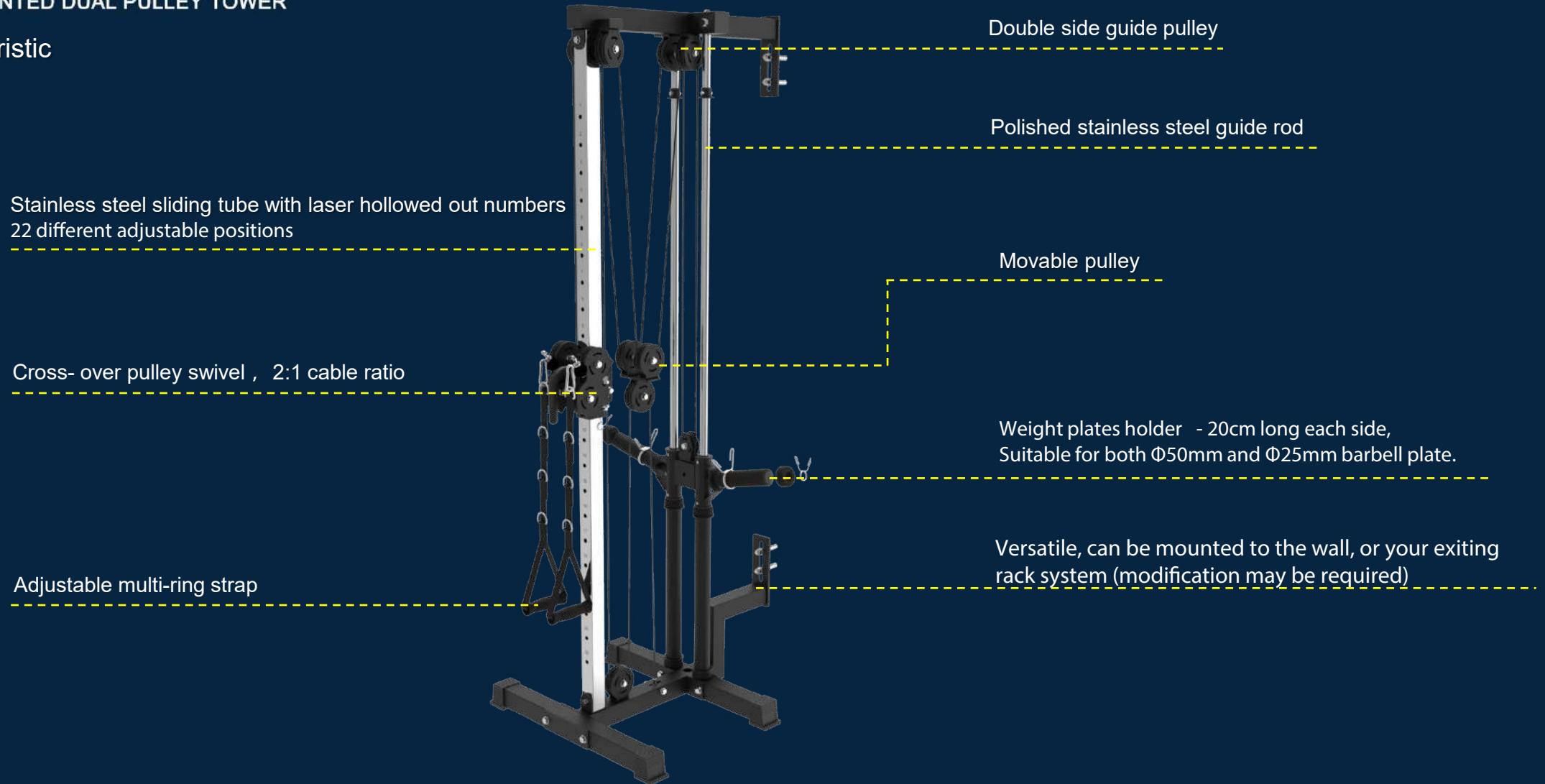


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Characteristic

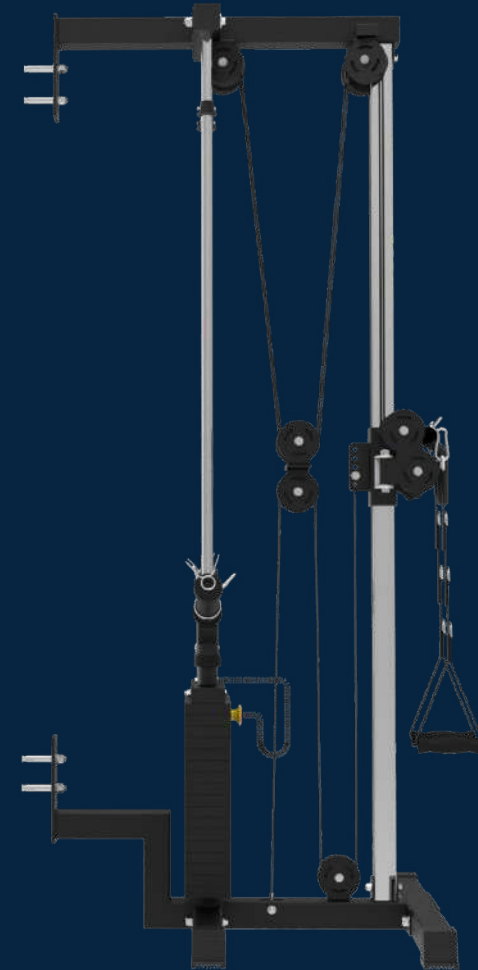
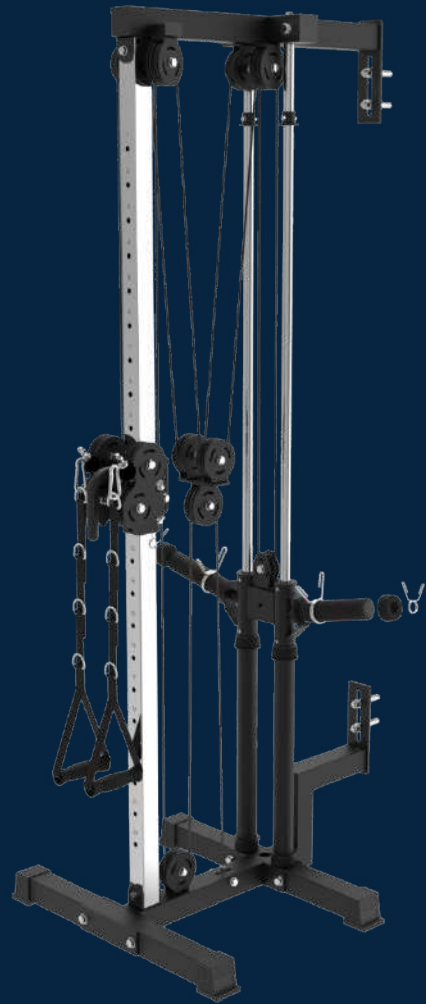


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Multi-angle view



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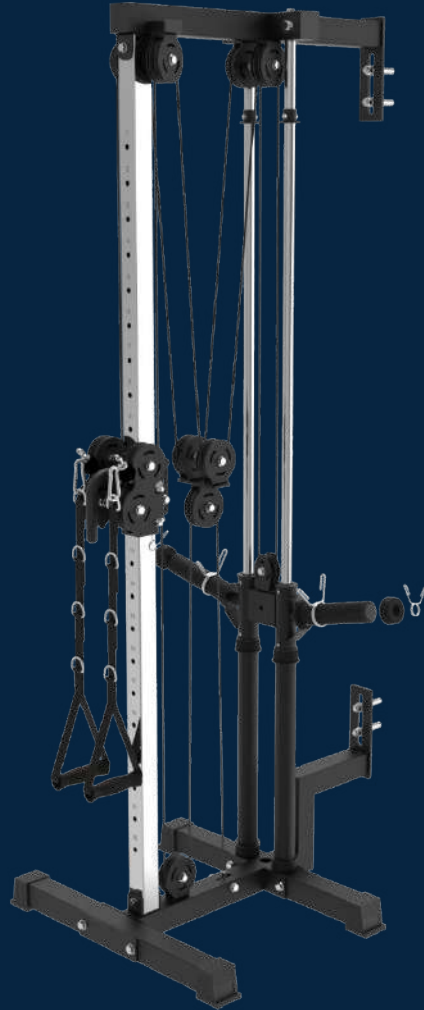
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Accessories Display

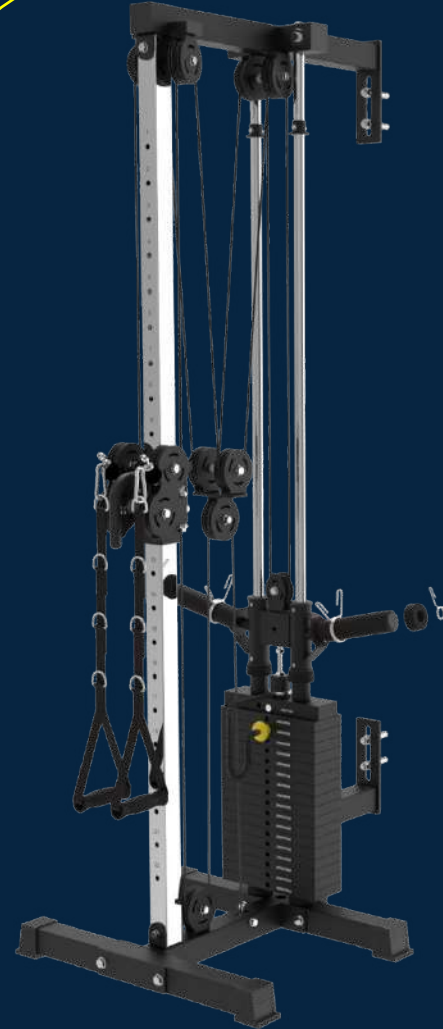
weight stack:
 $5\text{kg} \times 17 + 5\text{kg} \times 1 = 90\text{kg}$



G350W
(Attachment)



IBL-G350



Maximum weight:
 $160\text{kg} + 90\text{kg} = 250\text{kg}$

