

SID-LAT75

Dorso / Deltoide Dual Trainer



CONDITIONING

Strengthens your heart and lungs while increasing your metabolic rate.



POWER

Increases speed and agility by activating fast twitch muscle fibers.



STRENGTH

Increase muscle, tendon and ligament strength; bone density; metabolic rate while improving heart and body composition.



FLEXIBILITY

Increase range of motion, flexibility and reduce the risk of injury.



WARNING

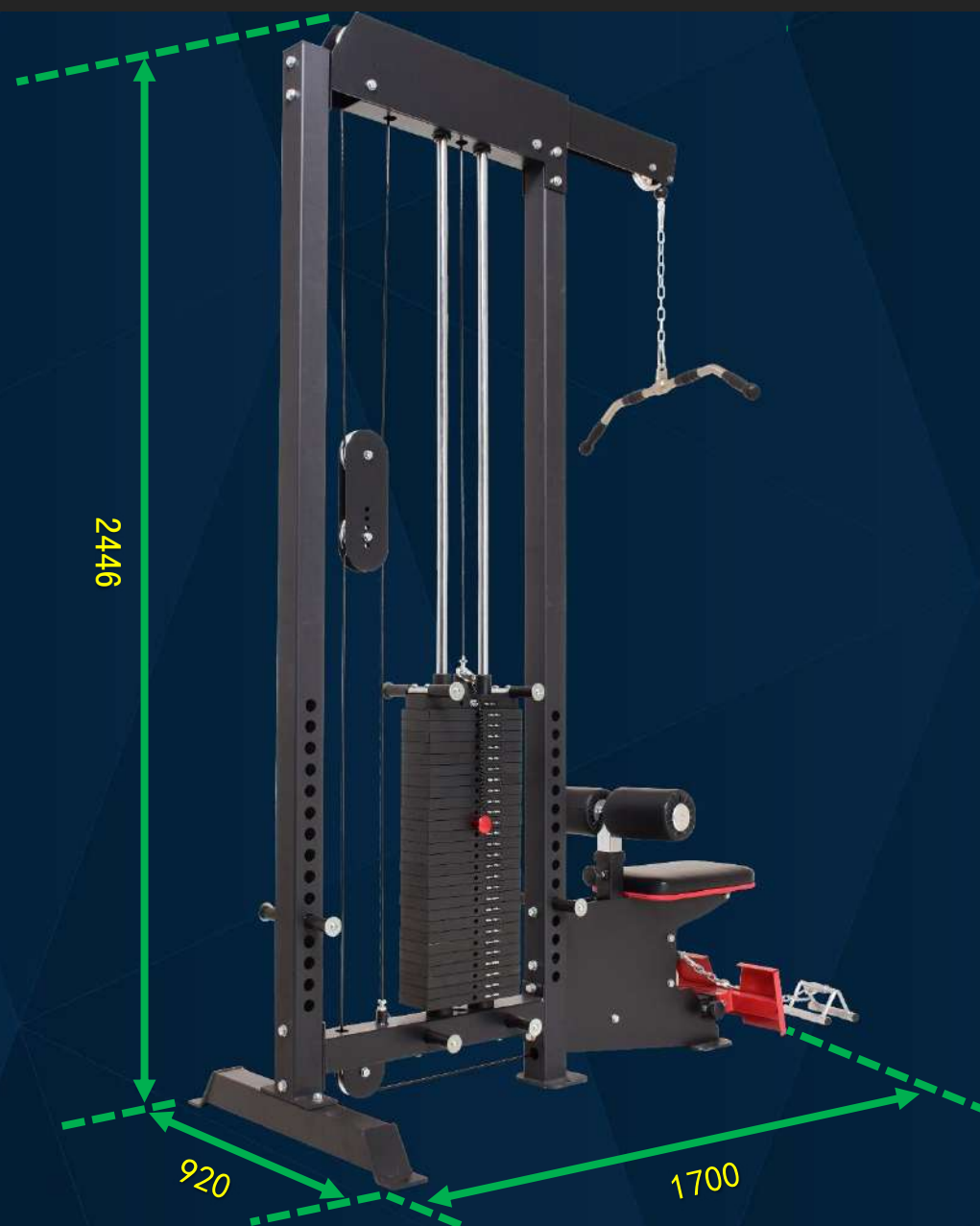
Consult your physician before beginning this or any exercise program. Keep out of reach of children.



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Assembled dimensions (mm)



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Maximum weight & Main tube size

Maximum user weight:350lbs

□75×3

1200×255×4

φ6

□75×3

φ25

285×102×25
(5kg)

□50×1.5

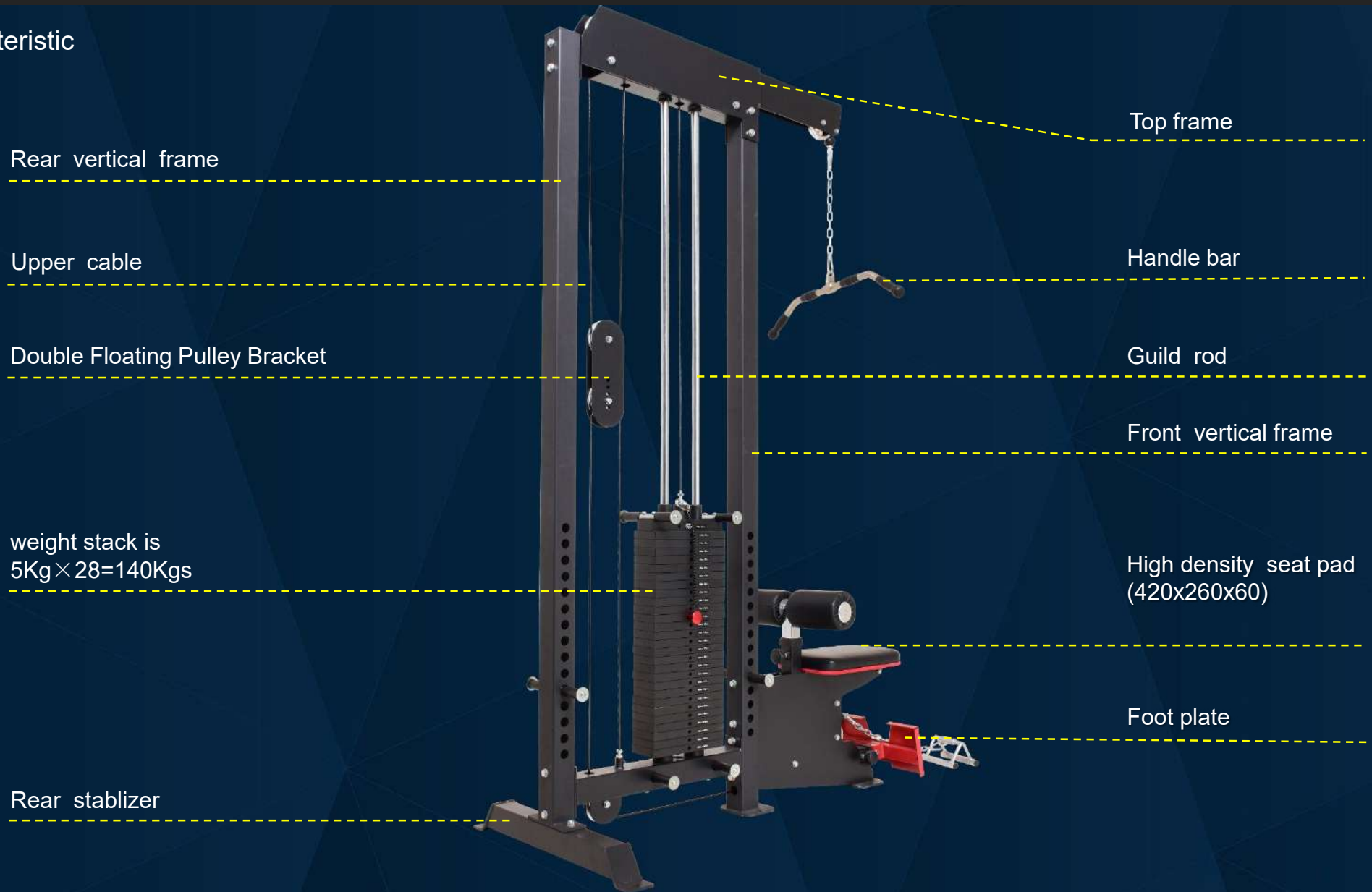


□75×3

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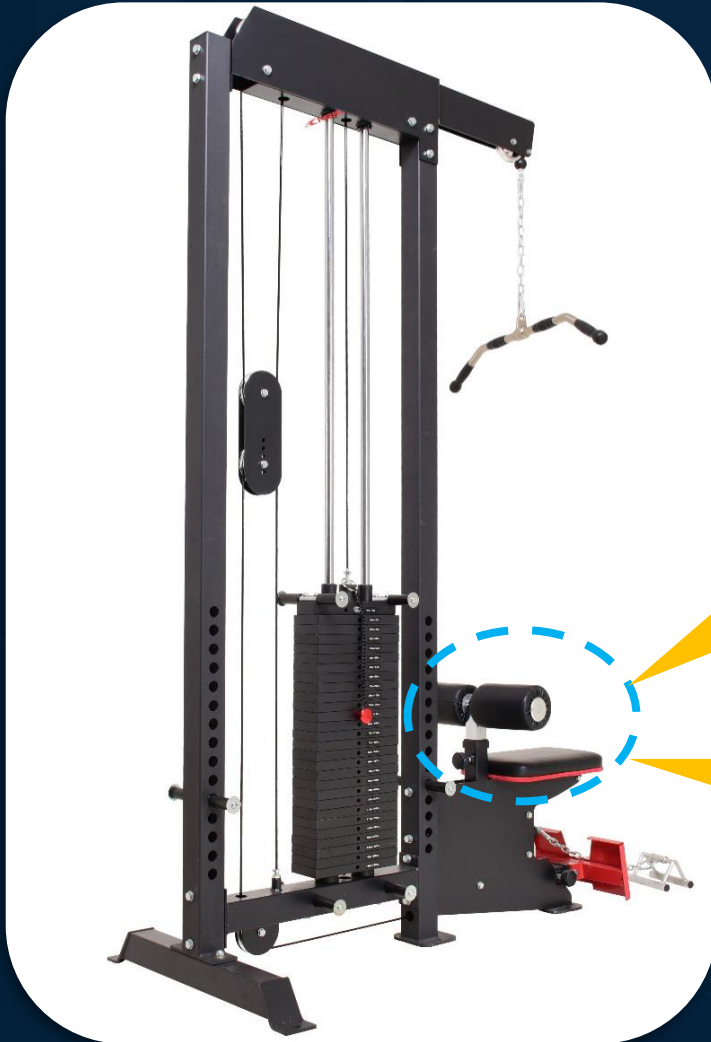
Characteristic



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Seat option



Aluminium alloy foam plate



We use top grade Australian black leather with generous appearance, full and elastic.

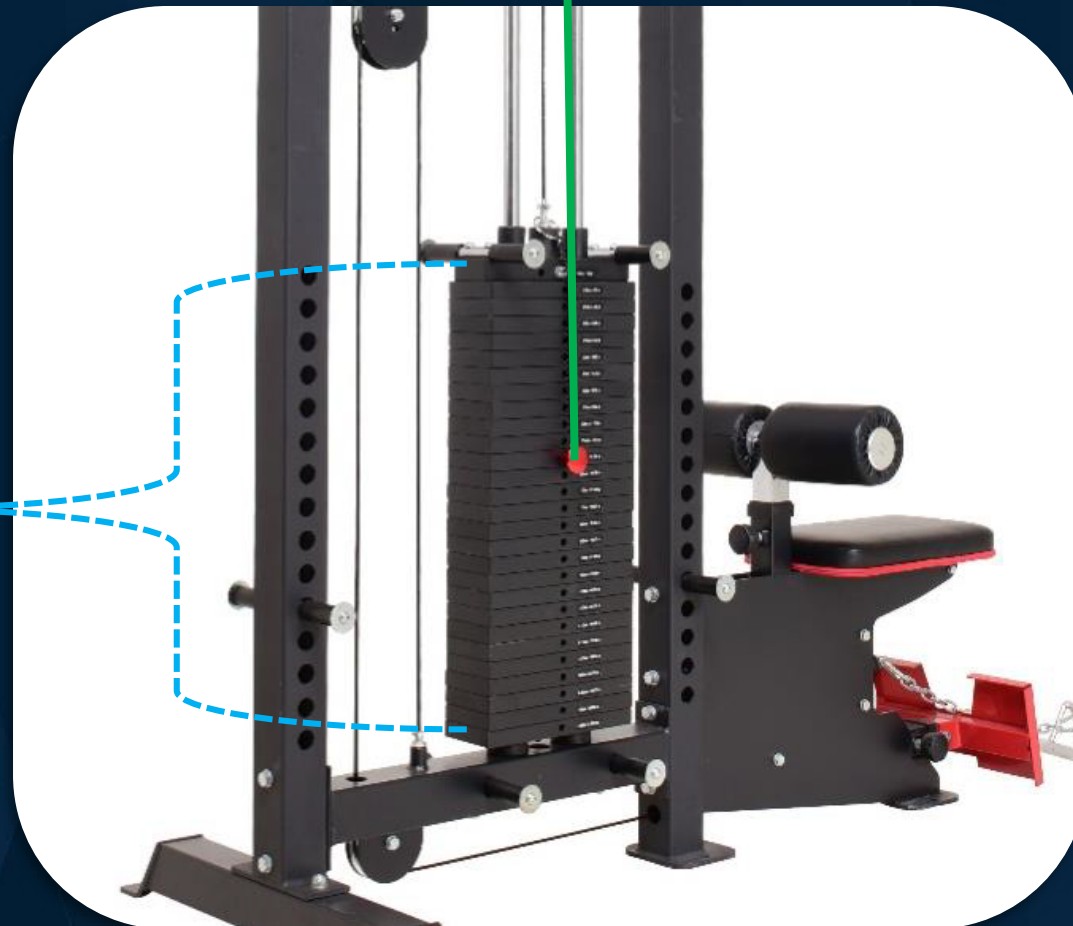


4 grade adjusted black knob

Weight stack

Magnetic pin avoids sliding during exercise.

140Kgs spraying steel
weight stack



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Reinforced base



It's more stable with increasing the contact area between the end and the ground.



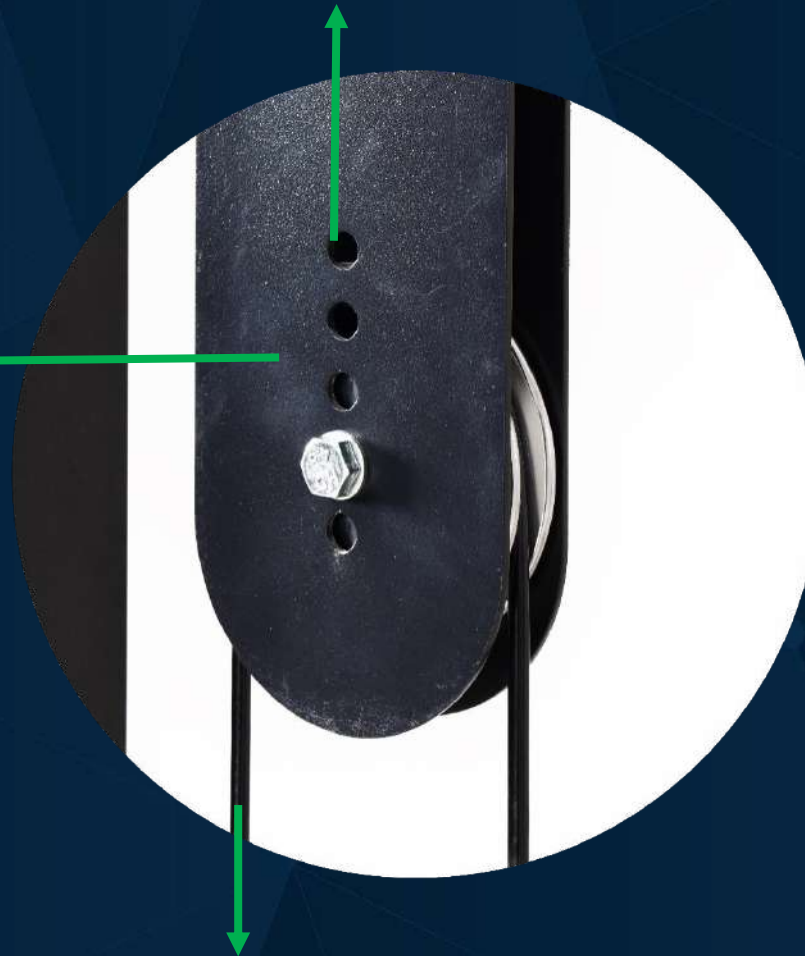
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Movable pulley

5 holes adjusted design

Double floating
pulley bracket.
Safety protection .



12.45 KN latest break tensile force $\Phi 6$ mm Cable .
The cable is tensile, wear-resisting and safe.



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Pully



High quality aluminium alloy pulley.
More durable and super silent.



Non-slip metal footplate



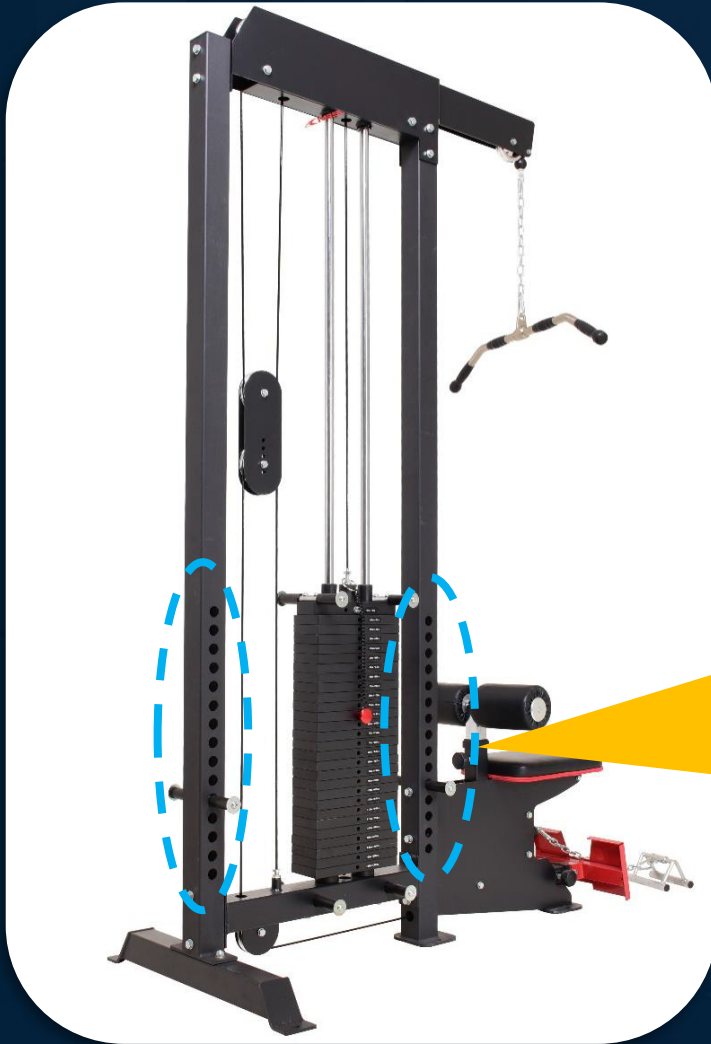
Antiskip metal footplate. It can increase the contact area between the shoes and the ground.



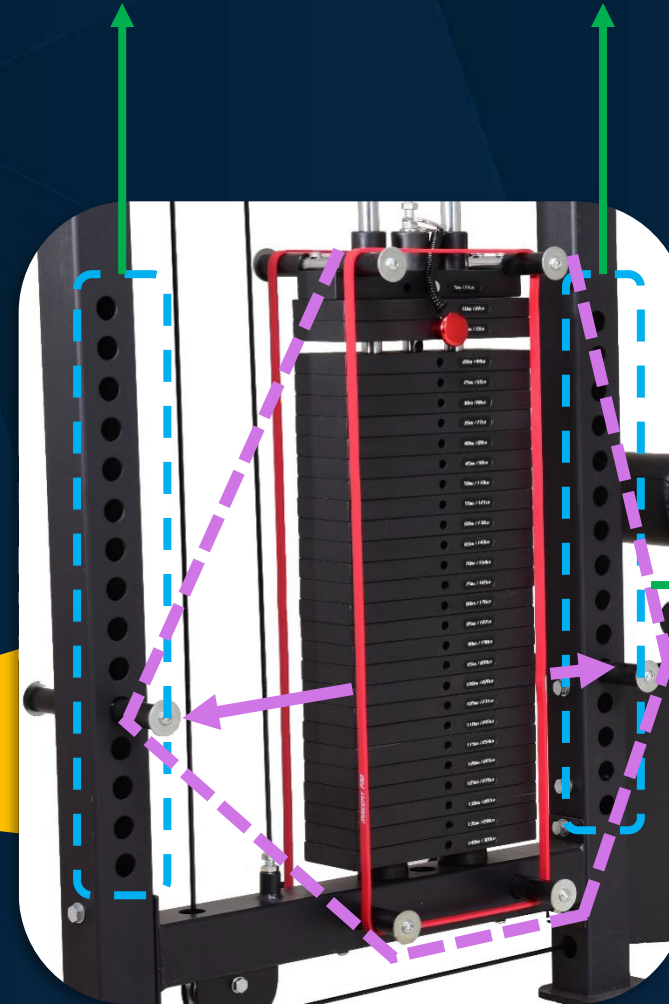
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Movable pulley



Band pin maybe fine adjusted each side.



When the band is too long ,you may put it on the pin .